

| FirstName        | LastName        | ClubName                 | Category | Cape Town Pts | Cape Town Bonus Pts | Cape Town Total | Durban Pts | Durban Bonus Pts | Durban Total | Tshwane Pts | Tshwane Bonus Pts | Tshwane Total | Athlete Points | Overall Position |
|------------------|-----------------|--------------------------|----------|---------------|---------------------|-----------------|------------|------------------|--------------|-------------|-------------------|---------------|----------------|------------------|
| Diana Lebo       | PHALULA-MZAZI   | BOXER ATHLETICS CLUB     | 40-49    | 4             | 5                   | 9               | 5          | 5                | 10           | 5           | 5                 | 10            | 29             | 1                |
| Lebogang         | PHALULA-LUTHULI | BOXER ATHLETICS CLUB     | 40-49    | 5             | 5                   | 10              | 4          | 5                | 9            | 4           | 5                 | 9             | 28             | 2                |
| Jeannie          | HENDERSON       | NEDBANK RUNNING CLUB     | 40-49    | 0             | 0                   | 0               | 0          | 0                | 0            | 3           | 0                 | 3             | 3              | 3                |
| Christiane       | ADRIAANSE       | NEDBANK RUNNING CLUB     | 40-49    | 3             | 0                   | 3               | 0          | 0                | 0            | 0           | 0                 | 0             | 3              | 3                |
| Fikile Fundisiwe | MBUTHUMA        | PHANTANE ATHLETIC CLUB   | 40-49    | 0             | 0                   | 0               | 3          | 0                | 3            | 0           | 0                 | 0             | 3              | 3                |
| Tebogo           | MOKGOSINYANE    | NEDBANK RUNNING CLUB     | 40-49    | 0             | 0                   | 0               | 0          | 0                | 0            | 2           | 0                 | 2             | 2              | 6                |
| Zama             | MOKOENA         | ITHEMBA AC               | 40-49    | 0             | 0                   | 0               | 2          | 0                | 2            | 0           | 0                 | 0             | 2              | 6                |
| Hannelie         | LOTTER          | BOXER ATHLETICS CLUB     | 40-49    | 2             | 0                   | 2               | 0          | 0                | 0            | 0           | 0                 | 0             | 2              | 6                |
| Makhosi          | MHLANGO         | HOLLYWOOD ATHLETICS CLUB | 40-49    | 0             | 0                   | 0               | 0          | 0                | 0            | 1           | 0                 | 1             | 1              | 9                |
| Elme             | MIDDLEMOST      | NEDBANK RUNNING CLUB     | 40-49    | 1             | 0                   | 1               | 0          | 0                | 0            | 0           | 0                 | 0             | 1              | 9                |
| Romy             | WENZEL          |                          | 40-49    | 0             | 0                   | 0               | 1          | 0                | 1            | 0           | 0                 | 0             | 1              | 9                |